



**CRCY Barracudas Christmas Classic**  
**December 11, 12, & 13, 2009**  
USA Swimming # \_\_\_\_\_

**Facility:**

The meet will be held at the Centralia Recreation Complex, 115 East Second St., Centralia, IL (618) 532-3214. The facility features a six-lane, 25 yard pool with non-turbulent lane lines. A full six line Colorado Timing System with starting blocks will be utilized. A separate adjacent recreation pool will be available for warm up/down during the meet for swimmers ages 13 and older. A coach must be present at all times to monitor the swimmers.

Spectator seating will be provided on both the pool deck and the pool balcony. No flash photography may be used prior to and during the start of each race. No food or drink will be allowed in the pool area or in the team areas. *No coolers may be brought into the team areas, however coolers may be brought into the concession area.*

**Rules:**

The meet shall be governed by the 2008/2009 USA Swimming Rules as dictated by "Rules that Govern YMCA Swimming." "Per Ozark LSC policy, Cell Phones and Video Recording Devices are prohibited in all locker rooms." We may utilize fly over starts on Saturday and Sunday, depending on the timeline.

**Eligibility:**

This will be a closed YMCA. The swimmers age as of December 1, 2009 will determine their age for the entire meet. YMCA rules shall govern "swimming up" in the relays.

**Awards:**

Top 3 finishes in all individual events will receive a plaque with an event plate. Fourth through Twelfth place will receive ribbons. Relays will be awarded ribbons 1<sup>st</sup> through 6<sup>th</sup> place. Individual High point will be awarded for all age groups and Team Trophies will be awarded for the top 3 teams. (Host team excluded)

**Limits:**

Athletes are limited to 4 individual events and 2 relay events per day. The total number of entries will be limited to assure reasonable time lines in all sessions. Team entries will not be split.

**Fees:**

Entry fees are \$3.50 per individual event and \$12.00 per relay along with a \$5.00 surcharge. Checks should be made out to "Centralia Recreation Complex". Entries and fees **MUST ARRIVE BY DECEMBER 2, 2009.**

Mail to:

CRCY Barracudas Swim Team  
Centralia Recreation Complex  
115 East Second St.

Centralia, IL 62801

**Entries:**

CRCY only accepts email entries. All entries **MUST** be submitted in Team Manager format as email attachments sent to [swimcudas@dishmail.net](mailto:swimcudas@dishmail.net). **NO PAPER OR DISK ENTRIES WILL BE ACCEPTED.**

Receipt of all entries will be confirmed by reply email. If you do not receive confirmation within 24 hours of your electronic submission, call CRCY at (618) 532-3214. **Confirmation of receipt does not mean that your entry is accepted.**

A check for fees and a signed Meet Summary/Release Form **MUST BE RECEIVED BY DECEMBER 2, 2009**. Upon timely receipt of checks and release forms, teams will be notified by email of entry acceptance based on the established criteria.

**Warm-ups:**

Lanes for warm-up will be posted on the CRCY website. Swimmers without a coach must report to the meet referee prior to warming up. The meet referee will provide safety rules and assign a warm-up lane to the swimmer.

**Lap Counters:**

Each team is responsible for providing a lap counter for each swimmer they have in an event that requires a lap counter.

**Bullpen/Crash Area:**

The Bullpen and Crash Area will be located in the gym. No food or beverages are allowed in the gym or pool deck. Fitness areas are off limits to all swimmers.

**Updating Times:**

Teams accepted into the meet may update entry times for their athletes as often as they want up to the entry deadline. Each update is treated as an original entry submission so **it must contain the complete team entry**. Updates are to be submitted in the same manner as original entries.

**Psych Sheet:**

The complete psych sheet for the meet will be published at [www.crcycudas.com](http://www.crcycudas.com).

**Officials:**

This will be a USA Swimming sanctioned meet. We need all teams to provide a list of all YMCA and USA certified officials that will be at the meet and willing to officiate. Please email the list to [swimcudas@dishmail.net](mailto:swimcudas@dishmail.net).

**Heat Sheets:**

Heat Sheets will be available throughout the meet for \$5.00.

**Meet Results:**

The results will be available at the CRCY website.

**Deck Entries:**

Deck entries (per meet director's approval) will be allowed to the extent to fill heats and at the discretion of the host team. The fees are \$6.00 per individual event and \$16.00 per relay. No deck entries will be permitted on Friday. Deck entries for both sessions on Saturday will be accepted until 7:00pm on Friday, December 11, 2009. Deck entries for all Sunday events will be accepted until 4:00pm on Saturday, December 12, 2009. CRCY retains the right to deck enter any of its swimmers at any time.

**Positive Check In:**

We will use positive check-in for all Friday evening events. Positive check-in closes 30 minutes before the meet begins. Except for Friday, this meet will be pre-seeded.

**Travel Directions:**

The Centralia Recreation Complex is located in Centralia, IL. From St. Louis area, take I-64 east to exit 61 (US 51). Turn left onto US 51 North. Follow US 51 eight miles into Centralia. After crossing the tracks, continue straight until you reach the 2<sup>nd</sup> traffic light. At the light turn left and continue two blocks. The Centralia Recreation Complex will be on your left. You can find a Google map at [www.crcycudas.com](http://www.crcycudas.com) under the "Pool Locations" tab.

Please allow ample time when going through Centralia as railroad crossings generally last 10 minutes or longer. The train crossings from US 51 have no bypass.

**Lodging:**

Please visit our website for lodging information.

Also, visit our website at [www.crcycudas.com](http://www.crcycudas.com) for up-to-date information about meet information, meet results and related information.

# Schedule of Events

## Session #1--Distance/IM Events

Friday December 11, 2009

Meet Begins 6:00 PM

*Positive Check-In Closes 5:30 PM*

Girls #	Age Group	Event	Boys #
1	Open	400 I.M.	2
3	12 & UN	200 I.M.	4
5	13-14	200 I.M.	6
7	Open	200 I.M.	8
9	9-10	200 Free	10
11	Open	**500 Free	12
13	13-14	**500 Free	14
15	12 & UN	**500 Free	16
17	Open	1650 Free	18

\*\*The 500 Free will be combined age groups, swum fastest to slowest.

Age groups will be separated for awards and scoring.  
Heats will be alternated between girls and boys.

## Session #2--8 & U, 13-14, Open

Saturday, December 12, 2009

Meet Begins 8:30 AM

Girls #	Age Group	Event	Boys #
19	Open	200 Medley Relay	20
21	13-14	200 Medley Relay	22
23	8 & U	100 Medley Relay	24
25	Open	200 Freestyle	26
27	13-14	200 Freestyle	28
29	8 & U	50 Freestyle	30
31	Open	100 Butterfly	32
33	13-14	100 Butterfly	34
35	8 & U	25 Butterfly	36
37	Open	200 Backstroke	38
39	13-14	200 Backstroke	40
41	8 & U	25 Backstroke	42
43	Open	100 Breaststroke	44
45	13-14	100 Breaststroke	46
47	8 & U	25 Breaststroke	48
49	Open	100 Freestyle	50
51	13-14	100 Freestyle	52
53	8 & U	25 Freestyle	54
55	13-14	50 Breaststroke	56
57	Open	50 Breaststroke	58
59	8 & U	100 Free Relay	60

## Session #3--9-10, 11-12

Saturday, December 12, 2009

Meet Begins 2:00 PM

Girls #	Age Group	Event	Boys #
61	9-10	100 I.M.	62
63	11-12	200 Freestyle	64
65	9-10	50 Butterfly	66
67	11-12	50 Butterfly	68
69	9-10	100 Backstroke	70
71	11-12	100 Backstroke	72
73	9-10	50 Breaststroke	74
75	11-12	50 Breaststroke	76
77	9-10	100 Freestyle	78
79	11-12	100 Freestyle	80
81	9-10	200 Medley Relay	82
83	11-12	200 Medley Relay	84

## Session #4-- 9-10, 11-12, 13-14, Open

Sunday, December 13, 2009

Meet Begins 9:00 AM

Girls #	Age Group	Event	Boys #
85	Open	200 Free Relay	86
87	13-14	200 Free Relay	88
89	11-12	200 Free Relay	90
91	9-10	200 Free Relay	92
93	Open	50 Freestyle	94
95	13-14	50 Freestyle	96
97	11-12	50 Freestyle	98
99	9-10	50 Freestyle	100
101	Open	200 Butterfly	102
103	13-14	200 Butterfly	104
105	11-12	100 Butterfly	106
107	9-10	100 Butterfly	108
109	Open	100 Backstroke	110
111	13-14	100 Backstroke	112
113	Open	200 Breaststroke	114
115	13-14	200 Breaststroke	116
117	11-12	100 Breaststroke	118
119	9-10	100 Breaststroke	120
121	Open	50 Backstroke	122
123	13-14	50 Backstroke	124
125	11-12	50 Backstroke	126
127	9-10	50 Backstroke	128
129	Open	50 Butterfly	130
131	13-14	50 Butterfly	132

*We will utilize positive check-in on Friday night ONLY.*  
All other events will be pre-seeded.

**CRCY Barracudas Christmas Classic  
December 11, 12, 13 2009  
Centralia Recreation Complex**

Complete this form and mail with check made payable to CENTRALIA RECREATION COMPLEX to:

CRCY Barracudas Swim Team  
c/o Centralia Recreation Complex  
115 East Second St.  
Centralia, IL 62801

**Summary of Fees**

# Individual Entries _____	x \$3.50	_____
# Relay Entries _____	x\$12.00	_____
Total Swimmers: _____	x\$5.00	_____
	TOTAL	_____

Name of Team \_\_\_\_\_ Code \_\_\_\_\_

Head Coach \_\_\_\_\_ Phone \_\_\_\_\_

Email \_\_\_\_\_

Coaches Attending the Meet \_\_\_\_\_

\_\_\_\_\_

In consideration of this entry and its acceptance, I intending to be legally bound, hereby cosign, waive and release any and all rights and claims for damages which may occur against the Centralia Recreation Complex and Fayette County Family YMCA, their representatives, employees, volunteers or successors for any and all injuries suffered by me or any contestants or spectators or representatives in said meet, as a representative of my club and/or association.

\_\_\_\_\_  
Executive Director or Head Coach

\_\_\_\_\_  
Date